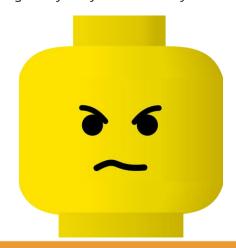


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Stories

Grumpy Bird by Jeremy Tankard

Grumpy Pants by Claire Messer

Hooray for Hat! by Brian Won

My Friend is Sad by Mo Willems

Where the Wild Things Are by Maurice Sendak

Wearin' My Grumpy Pants

Activities

If You're Ever Feeling Grouchy

(Tune of: Did you Ever See a Lassie)

If you're ever feeling grouchy, So grouchy, so grouchy,

If you're ever feeling grouchy, Just jump up real high.

Jump this way and that way, and this way and that way.

If you're ever feeling grouchy, Just jump up real high.

Keep singing:

If you're ever feeling grouchy, Just spin on your toes; Just wear a big smile.



Early Literacy Tip



Being able to express yourself verbally is an important skill. Anger, frustration, and sadness can cause children to act out if they don't know how to express those difficult emotions with words. By portraying different emotions and talking about them, adults can help children learn to express themselves.



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