

# LIBRARY

## Storytime

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## Stories

**Hooray for Today!**

by Brian Won

**Everyone is Yawning**

by Anita Bijsterbosch

**Nathaniel Willy, Scared Silly**

by Judith Mathers

**Let's Sing a Lullaby with the Brave Cowboy**

by Jan Thomas



# So Sleepy!

## Activities

**Clap Your Hands**

(tune: *Row, Row, Row Your Boat*)

Clap, clap, clap your hands  
Clap them just like me.  
Clap them high, clap them low,  
Clap them just like me.

Roll, roll, roll your hands  
Roll them just like me.  
Roll them high, roll them low,  
Roll them just like me.

Stretch, stretch, stretch your hands  
Stretch them just like me.  
Stretch them high, stretch them low,  
Stretch them just like me.

## Early Literacy Tip



Use rhymes to get kids up and moving.  
Research has shown that exercise  
(even short bursts of activity)  
help stimulate the brain and get it ready  
to receive new information!



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